

Looking for a Springtime Reflection Day?  
Brigid's Well, Kildara Centre  
has two on offer:



**Friday, 12 September**

10.30 – 2.30pm

**“Living Sufficiently”**

Facilitator: Cath Connelly

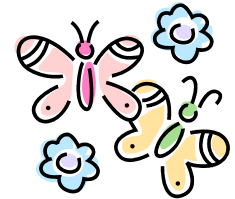
Cath has degrees in Counselling and a Graduate Diploma in Spirituality and is nearing the completion of her Master of Arts in Spirituality. She is passionate about sharing her ideas on creative spirituality. She is usually accompanied by her Celtic harp and delights people with her love of this instrument.

**Monday, 15 September**

10.00 – 2.30pm

**“The Spirituality of the Cosmos”**

Facilitator: Mary Dennett



Mary is a Sister of Mercy who has many years of experience as an educator and administrator. Her recent studies in America have fuelled her passion for exploring the revelatory nature of the Universe, in terms of God.



For both days, entry by donation, BYO lunch,  
other refreshments provided.

Bookings are essential – contact Kildara Centre:

PHONE: 95097906; FAX: 95002942;

EMAIL: [kildara@netspace.net.au](mailto:kildara@netspace.net.au)